

EDITION 003

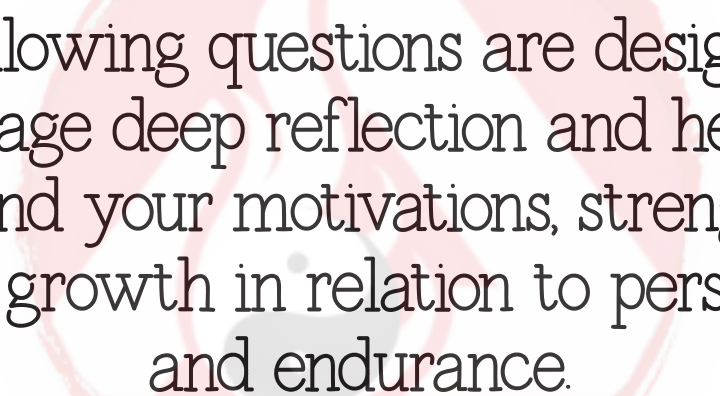
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SHADOWS AND SOULSCAPES

THEME:
"PERSEVERANCE"



CONSCIOUSNESS | SELF-DISCOVERY



The following questions are designed to encourage deep reflection and help you understand your motivations, strengths, and areas for growth in relation to perseverance and endurance.

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House of Attilius, LLC 2024

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1 What drives you to overcome challenges in your life?



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2. How does pursuing your passion help you persevere through difficult times?



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3. What impact would you like to make in the world? And how does endurance play a role in achieving it?



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4. In what ways do your work or hobbies give you a sense of purpose during tough moments?



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5. How do your unique skills and strengths help you face adversity and grow stronger?



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6. What recent challenge tested your perseverance? How did you respond?



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7. Reflect on a time when you felt like giving up. What kept you going?



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8. How do you manage negative emotions when they arise during difficult times?



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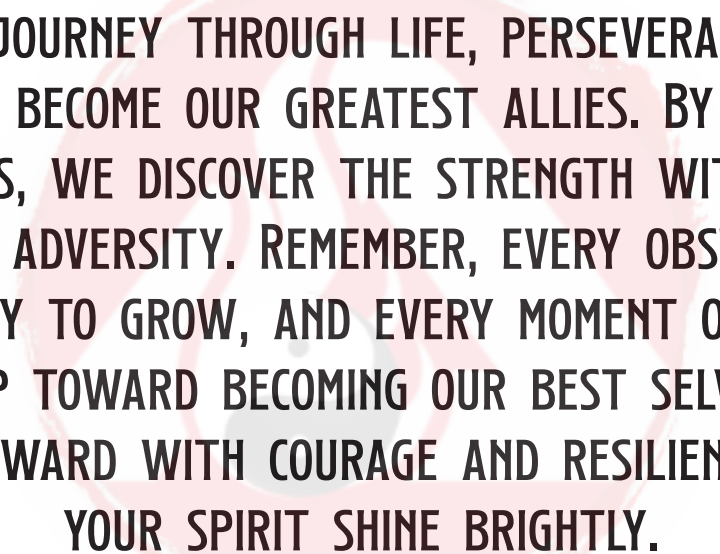
9. What lessons have you learned from moments of endurance that you can apply to future situations?



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10. In what areas of your life can you improve your resilience and endurance?





AS WE JOURNEY THROUGH LIFE, PERSEVERANCE AND
ENDURANCE BECOME OUR GREATEST ALLIES. BY EMBRACING
CHALLENGES, WE DISCOVER THE STRENGTH WITHIN US TO
RISE ABOVE ADVERSITY. REMEMBER, EVERY OBSTACLE IS AN
OPPORTUNITY TO GROW, AND EVERY MOMENT OF STRUGGLE
IS A STEP TOWARD BECOMING OUR BEST SELVES. KEEP
PUSHING FORWARD WITH COURAGE AND RESILIENCE, AND LET
YOUR SPIRIT SHINE BRIGHTLY.

ERICK